

Michigan Back Collaborative

WHAT IS MIBAC?

MIBAC (the Michigan Back Collaborative) is a statewide quality initiative supported by Blue Cross Blue Shield of Michigan.

We are working with your care provider to find the most effective methods for treating acute low back pain.

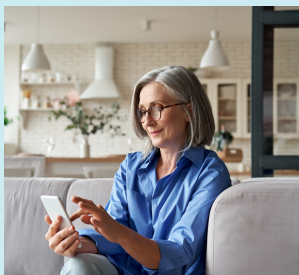
Why am I being asked to participate?

Low back pain is one of the largest health concerns in the US - and third in cost of care. It can lead to disability, chronic pain, and other health conditions.

To discover the best treatments for back pain, MIBAC is working with your doctor collect and analyze data to zero in on treatments that are the most helpful for patients like you.

You will not be contacted by anyone other than your health provider, and there is no cost and no advertising involved with participation.

What do I need to do?



You will receive a message from your provider's office on behalf of MIBAC either by email or text (your choice). You will complete a set of surveys about your back pain and function. Similar surveys will be sent out at one month, two months, three months, and six months after your first visit. They take less than 10 minutes to complete.