



Provider, Patient and Support Person Tool



Crisis and suicide prevention hotlines

988 Suicide & Crisis Lifeline

<https://988lifeline.org/>



Call the Lifeline at **988** or **1-800-273-TALK (8255)**

Provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week, across the United States. The Lifeline is a national network of over 160 local crisis centers, combining custom local care and resources with national standards and best practices.

24 Hour Crisis Text Line

Text **HOME** to **741741** to reach a volunteer crisis counselor

<https://www.crisistextline.org>



Text **741741** when in crisis. Anywhere, anytime. A live, trained crisis counselor receives the text and responds quickly. The crisis counselor helps you move from a hot moment to a cool, calm, moment to stay safe and healthy using effective active listening and suggested referrals.

United Way

Call **211**, or **(800) 552-1183**, to access emergency assistance in Wayne, Oakland, Macomb, Lapeer and Washtenaw counties. United Way can assist with referrals for food, housing, financial assistance, utility assistance and more. Help is available 24 hours a day, every day.

Southeast Michigan 24-hour Crisis Lines

Detroit-Wayne County Integrated Health Network Access Center: (800) 241-4949

Macomb County Crisis Line: (586) 307-9100

Oakland County Common Ground Crisis Line): (800) 231-1127

Michigan 24-hour Crisis Lines by County

Genesee Health System: (877) 346-3648

Jackson County Lifeways: (800) 284-8288

Kent County Access Center: (616) 336-3909 or (800) 749-7720

Lapeer County: (888) 225-4447

Lenawee County: (517) 263-8905

Livingston County CMH Authority: (517) 546-4126

Monroe County CMH Authority: (800) 886-7340

St. Clair Country Mental Health Authority: (888) 225-4447

Washtenaw County Community Mental Health: (734) 996-4747

Washtenaw County, Ozone House Crisis Line: (734) 662-2222

For Community Mental Health Services in additional counties, visit:

<https://www.michigan.gov/mdhhs/doing-business/providers/communitymentalhealth/local-mental-health-services>



Trans Life Line

<https://translifeline.org/>



(877) 565-8860

Free hotline for transgender people experiencing a crisis. This includes people who may be struggling with their gender identity and are not sure if they are transgender. If you are not sure if you should call or not, then please call us.

Veterans Crisis Line

<https://www.veteranscrisisline.net/>



(800) 273-8255 and Press 1

Text to **838255**

The Veterans Crisis Line connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text. Veterans and their loved ones can call **1-800-273-8255** and **Press 1**, chat online, or send a text message to **838255** to receive confidential support 24 hours a day, 7 days a week, 365 days a year. Support for deaf and hard of hearing individuals is available.